MESSA ABC Plan 1 Medical plan highlights

Effective Date: 1/1/2023

MESSA Account: Petoskey Public Schools

Employee Group: 198D Support Staff

In-network health care benefits for you and your covered dependents

All services must be **medically necessary** and performed by a payable provider.

This is a brief summary of in-network benefits. If you obtain medical services from an out-of-network provider without a referral from an innetwork provider, you may have to pay 100 percent of the cost or the applicable out-of-network cost share amounts. For coverage details, go to messa.org to log in to your member account or call the MESSA Member Service Center at 800.336.0013 or TTY 888.445.5614.

East Lansing, Michigan 48826-2560 517.332.2581 • 800.292.4910

Plan features	In-network
Annual deductible The amount you pay for health care services and prescription	Single coverage: \$1500
drug purchases before your health insurance begins to pay. The annual deductible is based on the calendar year, Jan. 1 to	2-Person & Family coverage: \$3000
Dec. 31.	*Your deductible is subject to change each Jan. 1 according to IRS rules governing HSA-qualified plans.
	*When two or more lives are covered under this plan, the entire family deductible must be met before claims are paid for any individual.
Medical coinsurance A fixed percentage you pay for a medical service.	0%
Prescription drug coverage Under federal law governing HSA-qualified plans, prescription drugs are subject to the deductible (other than MESSA's free preventive prescriptions). After deductible is met, applicable prescription copayments and/or coinsurance apply. See Free preventive prescriptions below.	MESSA ABC Rx
Annual out-of-pocket maximums The most you have to pay for covered medical services and prescriptions in a calendar year, including deductible, copayments and coinsurance. Charges above approved amount and charges for services not covered under the plan do not count toward the out-of-pocket maximum.	Single coverage: \$2500 2-Person & Family coverage: \$5000

In-network services covered at no cost to you

Free preventive prescriptions

MESSA ABC covers an extensive list of FREE preventive prescriptions that have no deductible, copayment or coinsurance, including cholesterol and blood pressure medications, weight loss medications, prenatal vitamins, contraceptives and many more.

Preventive care and prenatal care

Certain services such as annual exams, screenings, childhood and adult immunizations, certain preventive medications and prenatal doctor visits.

In-network services subject to deductible and applicable coinsurance		
Blue Cross online visit	Urgent care	
Office visit	Hospital emergency room (ER)	
Chiropractic services including modalities Up to 38 visits per calendar year.	Osteopathic manipulations Performed by an Osteopathic physician. Up to 38 visits per calendar year.	
Inpatient hospital	Autism - applied behavior analysis (ABA) services	
Outpatient physical, occupational and speech therapy Up to a combined benefit maximum of 60 visits per individual per calendar year.	Hearing aids There is a maximum benefit for a hearing aid for each ear during a 36-month period.	
Hearing care Hearing related services performed by an M.D. or D.O.	Acupuncture Must be performed by an M.D. or D.O.	
Diagnostic lab and X-ray	Radiation and chemotherapy	
Allergy testing and therapy	Bariatric surgery	
Mental health and substance abuse - inpatient and outpatient care	Ambulance	
Medical supplies	Durable medical equipment (DME)	
Prosthetics and orthotics	Home health care	
Skilled nursing facility Up to a maximum of 120 days per calendar year.	Human organ transplant Must be performed at an approved facility.	

Home delivery of prescription medications

MESSA members can save time and money by ordering prescription medications through the OptumRx mail order pharmacy. If your coverage includes a mandatory mail prescription rider, you must obtain most long-term maintenance medications from OptumRx. For more information, go to messa.org to log in to your member account and link to the OptumRx website. For general questions about your prescription coverage, call MESSA at 800.336.0013 or TTY 888.445.5614. For questions about a prescription order, call OptumRx at 800.903.8346

Medical care outside the U.S.

MESSA members have access to doctors and hospitals with the BCBS Global Core program. You may want to visit the BCBS Global Core program's website (www.bcbsglobalcore.com) to find in-network providers prior to your departure.

Covered services and approved amounts

In-network providers bill BCBSM directly. Payments for covered services are based on BCBSM's approved amounts. Your liability is limited to the plan deductible, copayment and coinsurance requirements.

Out-of-network providers may or may not bill BCBSM directly. The member is responsible to the provider for any deductibles, copayments, coinsurance and amounts that are in excess of the approved amount for the services as predetermined by MESSA and BCBSM. These amounts may be substantial.

Medical benefits underwritten by Blue Cross Blue Shield of Michigan (BCBSM) & 4 Ever Life Insurance Company. BCBSM is an independent licensee of the Blue Cross and Blue Shield Association.

Life and accidental death & dismemberment insurance

Life insurance: \$5,000 policy for you.

Accidental death & dismemberment insurance (AD&D): \$5,000 policy for you.

AD&D terminates at age 65 or when employment ends, whichever comes later. Life and AD&D insurance underwritten by Life Insurance Company of North America.

MESSA ABC Plan 1 Medical plan highlights

1475 Kendale Blvd. PO Box 2560
East Lansing, Michigan 48826-2560
517.332.2581 • 800.292.4910

Effective Date: 1/1/2023

MESSA Account: Petoskey Public Schools Employee Group: 198D Support Staff

In-network health care benefits for you and your covered dependents

All services must be **medically necessary** and performed by a payable provider.

This is a brief summary of in-network benefits. If you obtain medical services from an out-of-network provider without a referral from an innetwork provider, you may have to pay 100 percent of the cost or the applicable out-of-network cost share amounts. For coverage details, go to messa.org to log in to your member account or call the MESSA Member Service Center at 800.336.0013 or TTY 888.445.5614.

In-network
Single coverage: \$1500
2-Person & Family coverage: \$3000
*Your deductible is subject to change each Jan. 1 according to IRS
rules governing HSA-qualified plans.
*When two or more lives are covered under this plan, the entire family deductible must be met before claims are paid for any individual.
10%
10/0
MESSA ABC Rx Mandatory Mail
Single coverage \$2500
Single coverage: \$3500
2-Person & Family coverage: \$7000

In-network services covered at no cost to you

Free preventive prescriptions

MESSA ABC covers an extensive list of FREE preventive prescriptions that have no deductible, copayment or coinsurance, including cholesterol and blood pressure medications, weight loss medications, prenatal vitamins, contraceptives and many more.

Preventive care and prenatal care

Certain services such as annual exams, screenings, childhood and adult immunizations, certain preventive medications and prenatal doctor visits.

In-network services subject to deductible and applicable coinsurance		
Blue Cross online visit	Urgent care	
Office visit	Hospital emergency room (ER)	
Chiropractic services including modalities Up to 38 visits per calendar year.	Osteopathic manipulations Performed by an Osteopathic physician. Up to 38 visits per calendar year.	
Inpatient hospital	Autism - applied behavior analysis (ABA) services	
Outpatient physical, occupational and speech therapy Up to a combined benefit maximum of 60 visits per individual per calendar year.	Hearing aids There is a maximum benefit for a hearing aid for each ear during a 36-month period.	
Hearing care Hearing related services performed by an M.D. or D.O.	Acupuncture Must be performed by an M.D. or D.O.	
Diagnostic lab and X-ray	Radiation and chemotherapy	
Allergy testing and therapy	Bariatric surgery	
Mental health and substance abuse - inpatient and outpatient care	Ambulance	
Medical supplies	Durable medical equipment (DME)	
Prosthetics and orthotics	Home health care	
Skilled nursing facility Up to a maximum of 120 days per calendar year.	Human organ transplant Must be performed at an approved facility.	

Home delivery of prescription medications

MESSA members can save time and money by ordering prescription medications through the OptumRx mail order pharmacy. If your coverage includes a mandatory mail prescription rider, you must obtain most long-term maintenance medications from OptumRx. For more information, go to messa.org to log in to your member account and link to the OptumRx website. For general questions about your prescription coverage, call MESSA at 800.336.0013 or TTY 888.445.5614. For questions about a prescription order, call OptumRx at 800.903.8346

Medical care outside the U.S.

MESSA members have access to doctors and hospitals with the BCBS Global Core program. You may want to visit the BCBS Global Core program's website (www.bcbsglobalcore.com) to find in-network providers prior to your departure.

Covered services and approved amounts

In-network providers bill BCBSM directly. Payments for covered services are based on BCBSM's approved amounts. Your liability is limited to the plan deductible, copayment and coinsurance requirements.

Out-of-network providers may or may not bill BCBSM directly. The member is responsible to the provider for any deductibles, copayments, coinsurance and amounts that are in excess of the approved amount for the services as predetermined by MESSA and BCBSM. These amounts may be substantial.

Medical benefits underwritten by Blue Cross Blue Shield of Michigan (BCBSM) & 4 Ever Life Insurance Company. BCBSM is an independent licensee of the Blue Cross and Blue Shield Association.

Life and accidental death & dismemberment insurance

Life insurance: \$5,000 policy for you.

Accidental death & dismemberment insurance (AD&D): \$5,000 policy for you.

AD&D terminates at age 65 or when employment ends, whichever comes later. Life and AD&D insurance underwritten by Life Insurance Company of North America.