



March 23rd, 2023

Petoskey Middle School

Daily Announcements

HOT LUNCH

Monday

**Chicken and
WG Waffle
w/ Syrup**

Tater Tots

Tuesday

**WG Pasta w/
beef
spaghetti
sauce**

**WG
cornbread**

**Seasoned
Green Beans**

Wednesday

**BBQ Pulled
Chicken on
a WW Bun**

**Oven Baked
Waffle Fries**

Thursday

Nacho Meat

Tortilla Chips

Cheese Sauce

**Sour Cream &
Salsa**

Refried Beans

Friday

No School

Winter Olympic CHANGE WARS!



1st place will be 5 points
2nd place will be 4 points
3rd place will be 3 points
4th place will be 1 point



Coins in Your Jar Will Help Your Grade Win!

Earn positive points by dropping
pennies, nickels, dimes, and quarters
into your grade level jar to increase
your amount!

Penny = +1

Nickel = +5

Dime = +10

Quarter = +25



Paper Money Can Be Used Against Your Opponent!

Drop paper bills in other grade
level jars to decrease their
amounts.

\$1.00 = -100

\$5.00 = - 500

\$10.00 = -1,000



******Attention PMS******

BALLOON STOMP contestants will receive instructions and a balloon from Mr. Swidorski and Mrs. Ingalls 10 minutes before the competition on Thursday.

All Science Fair participants, please see Mrs. Martin during homeroom to pick up your projects. Any project not picked up by April 7th will be recycled.

No After School Study Lab today.

Northmen Den will be here TODAY during lunches because there is no school tomorrow

6th Grade Track Information

The first day of track practice is on Wednesday, April 5th from 3:35-4:30 at PMS. All students must have a physical ON FILE IN THE OFFICE BEFORE the season starts. Practice will be from 3:25-4:30 Monday-Thursday.

- **Link to Parent Volunteer Sign Up**
- **6th Grade Practice Schedule**
- **PMS Track Online Uniform Order Shop (for Grades 6-8)**
- **Remind Sign Up Link (for 6th Grade Only)**
- **Google Form Sign Up Link (for 6th Grade Only)**

7TH & 8TH GRADE TRACK: The online clothing store is now available.

You must have a uniform shirt, but can use the same one from past years or a sibling's if you'd like. All other items are optional. All orders must be made and paid for online by April 14th. They will be delivered in late April before our first meet. See your coach with any questions.

Other 7/8 Track links:

Informational Handout

Calendar

Sign-up Form

REMIND link

STRENGTH & CONDITIONING CLUB

6th-8th grade

This after school club will give you an opportunity to safely condition and strengthen your body using the equipment in the weight room. This club is for students at any fitness level- anyone who works hard can see improvement. We will meet Tuesdays and Thursdays during April and May, from 3:15 to 4:15. The number of students will be limited so please make sure you can commit to the entire season before you sign up. There will be an informational meeting in the Cafeteria during homeroom on Thursday April 6. Workout Sessions will begin on Tuesday April 11. You will need a physical on file in the office by APRIL 11. PLEASE READ this [link](#) for more info and a calendar as you consider joining. Contact Mr. Brey with further questions or to sign up.

Yearbook club meets on Tuesday mornings in Room 149

Photo Club meets on Wednesdays, after school until 4 pm, in Room 149

PHYSH CLUB (PMS Help for Young Anglers; Strategies & Hints for Fishing).

Members can stop by Mr. Swidorski's room #125 before or after school to pick out a free Trout Unlimited Magazine. Have fun reading it over spring break!

The mindfulness Club will meet on Thursdays in room 141. This club will open its door before homeroom at 7:50 with an official start time of 7:55 to 8:10. We hope to see you there.