

Join us in person  
for 2022-23!

# HOT TOPICS: Is My Teen Okay?

Helping parents and caregivers of teens connect!

Do you ever wonder, "What is my teen thinking?"

## Understanding the Teenage Brain



*"The teenage brain is not just an adult brain with fewer miles on it,"* says Frances E. Jensen, a professor of neurology. "It's a paradoxical time of development. These are people with very sharp brains, but they're not quite sure what to do with them."

Big and important changes are happening to the brain during adolescence! Find out how your teen's brain is changing, and how that knowledge can help your relationships with your child.

Open to parents, caregivers & community

**Wednesday, Oct. 19, 2022 ■ 7-8 p.m.**

**PRESENTER:** Christine Carpenter, LMSW

**LOCATION:** Petoskey Middle School Media Center

On-site child care provided from 6:30-8:30 p.m.

**Next Hot Topics Forum, Nov. 16, 2022:**  
**"Understanding and Managing ADHD in your Teen"**

Presented by Petoskey Public Schools, Emmet County Probate and Family Court, Alcona Health Center, and the Health Department of Northwest Michigan. Questions? Call (231) 348-2290.