Friday, October 14th, 2022

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pancakes w/Syrup	Pizza Pasta made with WG Rotini	WG Chicken Drumstick Plain or	Nacho Meat	WG Grilled Cheese
	Noodles	Hot	Tortilla Chips	Tomato Soup
Scrambled Eggs Sausage Patty	WG Cornbread	WG Biscuit	Cheese Sauce	WG Goldfish Crackers
Diced Potato Bites	Seasoned Kernel Corn	Mashed Potato Bites	Sour Cream & Salsa	Seasoned Carrots
		Seasoned Green Beans	Refried Beans	

PMS Ski Team there is a sign up sheet in the office for those interested. The Ski Team Parent and Student Registration Meeting will be held Monday October 17th at 6:30pm in the PHS Cafeteria.

Parents and student-athletes should both plan to attend! Questions? Email phsskiteam@gmail.com

Our Annual Ski Swap will take place Saturday October 29th at Central Elementary School 8am-noon (drop off items Friday October 28th).



(PMS Help for Young Anglers; Strategies &

Hints for Fishing). Our next meeting will be in Mr.
Swidorski's room #125 after school on Wednesday, November 16th from 3:15 to 4:00. Tip of the Mitt Watershed Council will

be helping us sort Macroinvetebrates. See you then.

7th Grade Boys Basketball

The first day of tryouts will be October 24th for both 7th and 8th grade boys. You Must have a physical on file before tryouts. If you have any questions please talk to Mr. Stempky.

Running Club

Are you interested in running for fun with friends? Running Club is for all students regardless of running ability. Running club will start October 18 and be every Tuesday, Wednesday, and Thursday before school at 7:15 or after school from 3:30-5:00. Click here for more information. Come ready to run dressed in layers, athletic clothes and running shoes. Please see Mrs. Lewis in room 144 if you have questions. Bring a friend and join the Running Club!

The next student **council meeting** will take place on Thursday, October 20th in room 128 from 7:55 until 8:35. Please see Mrs. Giammalva with any questions.

Elementary School Costume Drive

Calling all students in the name of kindness: The kindness crew is once again hosting a costume drive to help the elementary students in our district from October 10th through October 21st. Please donate your new or gently used costumes to help children who might not be able to dress up otherwise. Any size will work, but only clean and weapon-free costumes please! You may bring them to Ms. Yurek's room in the 6th grade hall. Be sure and label the costume with your homeroom teacher's name. The classroom that donates the most costumes will be rewarded with donuts and cider from the kindness crew! Thanks in advance for your generosity!

(Please see Ms. Yurek, Mrs. Wagner, or Mrs. Carlson with any questions.)

PICTURE RETAKES ARE OCTOBER 18TH