



November is designated as Native American Heritage Month.
Students will be able to enjoy Native American cuisine.
Raspberry Brown & Wild Rice Salad - Nov. 11th
Tomato Basil Pasta Salad - Nov. 20th
* See page 3 for more information on Native American Heritage.

Public Schools of Petoskey Elementary K - 5th November 2025

A full student lunch includes a choice of entrée supplying protein and/or grain, (2) two vegetable side dishes & (2) two fruit side dishes & choice of milk.
Milk Choice include: 1% Low-Fat White, 1% Low-Fat Chocolate & Skim White.

Monday November 3rd	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
WG Chicken Nuggets WG Biscuit Oven Baked Crinkle Fries	Nachos, Homemade Taco Meat WG Tortilla Chips, Homemade Pico Shredded Cheese & Lettuce Vegetarian Refried Beans	No School!	Homemade WG Pepperoni Pizza Coveyou Seasoned Kernel Corn 	Homemade Macaroni & Cheese WG Breadstick Herb Roasted Broccoli
10	11	12	13	14
Homemade Cheese Quesadilla Homemade Pico (Salsa) Vegetarian Refried Beans	Glazed Chicken Drumstick Dipping Sauce & WG Dinner Raspberry Brown & Wild Rice Salad Oven Baked Waffle Fries	Spaghetti w/ Homemade Meat Sauce WG Garlic Breadstick Seasoned Green Beans	Mozzarella Cheese Filled WG Bosco Sticks Marinara Sauce Coveyou Seasoned Kernel Corn 	Teriyaki Beef Dippers WG Pretzel Rod Oven Baked Spiral Fries
17	18	19	20	21
Cheeseburger on WG Bun Sliced American Cheese Herb Roasted Sweet Potato Fries	Walking Taco, Homemade Taco Meat Homemade Pico (Salsa) Reduced Fat, Nacho Cheese Doritos Shredded Cheese & Lettuce Vegetarian Refried Beans	WG Waffle w/ Syrup Scrambled Eggs WG Tater Tots	Homemade WG Ham Pizza Tomato Basil Pasta Salad Herb Roasted Broccoli	Northmen's Famous Roasted Turkey Lunch Mashed Potatoes & Gravy WG Garlic Breadstick Coveyou Seasoned Kernel Corn 
24	25	26	27	28
WG Chicken Tenders Dipping Sauce Homemade Zucchini Bread Seasoned Green Beans 	Homemade WG Grilled Cheese Tomato Soup WG Goldfish Crackers Herb Roasted Coveyou Brussel Sprouts			
December 1st	2	3	4	5
WG Pancakes w/ Syrup Turkey Sausage Patty Herb Roasted Diced Potatoes	Nachos, Homemade Taco Meat Homemade Pico WG Tortilla Chips Shredded Cheese & Lettuce Vegetarian Refried Beans	Homemade Pulled Pork On WG Bun BBQ Sauce Oven Baked Sweet Potato Waffle Fries 	Homemade WG Pepperoni Pizza Citrus Chick Pea Salad Coveyou Seasoned Kernel Corn	Grilled Chicken Over a Bed of Ratatouille WG Flatbread Tossed Salad w/ Cucumbers & Tomatoes
DAILY ALTERNATES - - - Nut Free Soy Butter & Jelly Jammer				
Cereal Fun Lunch Cheerios, WG Honey Grahams Triple Cherry Trix Yogurt Colby Chz Cubes, Reduced Fat	Ham & American Cheese on WG Pretzel Roll	Yogurt Fun Lunch Vanilla Yogurt, Low Sugar, Reduced Fat Mixed Berries Granola, Reduced Sugar	Nacho Fun Lunch WG Tortilla Chips & Salsa Cheese Sauce Mozz. String Cheese, Low Fat	Muffin Fun lunch WG Chocolate Chip Muffin Strawberry Banana Yogurt Hard Egg
 DAILY FRUITS AND VEGETABLES - - - Assorted Fruits & Vegetables Daily. Farm Fresh when in Season. 				
Mixed Romaine Lettuce	Fresh Broccoli	Caesar Salad	Fresh Broccoli	Mixed Romaine Lettuce
Fresh Carrots	Fresh Radishes	Fresh Red & Green Peppers	Fresh Carrots	Fresh Cherry Tomatoes
Power Peas, unprepared	Fresh Red & Green Cabbage	Fresh Green Beans	Fresh Celery	Fresh Snap Peas
Fresh Cucumber Slices	Fresh Zucchini Slices	Fresh Squash Slices	Fresh Cucumber Slices	Fresh Cauliflower
Chilled Mandarin Oranges & Pineapple	Chilled Peaches	Chilled Applesauce	Chilled Pears	Chilled Mixed Fruit
Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit	Assorted Seasonal Fresh Fruit
This institution is an equal opportunity provider.				



Tractor Icon Represents Farm to School Product.



Please reach out to Beth Kavanaugh at kavanaugh.ba.u@northmen.org for vegan options.

Breakfast

Elementary

K- 5th

November 2025

A full student breakfast includes a choice of entrée supplying grain & protein, two (2) 1/2 cup side dishes & choice of milk. Milk choices include 1% Low Fat White & Skim White

Monday November 3rd	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
WG Banana Muffin Mozz. String Cheese, Low-Fat Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Egg Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	No School!	Homemade WG French Toast Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Cheese WG Quesadilla Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk
10	11	12	13	14
WG Blueberry Muffin Mozz. String Cheese, Low-Fat Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Egg & Cheese Omelet Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	WG Maple Pancake Wrap Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Egg & American Cheese Biscuit Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Egg & Cheese WG Breakfast Pizza Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk
17	18	19	20	21
WG Banana Muffin Mozz. String Cheese, Low-Fat Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Egg Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	WG Mini Confetti Pancakes Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade WG French Toast Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Cheese WG Quesadilla Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk
24	25	26	27	28
WG Blueberry Muffin Mozz. String Cheese, Low-Fat Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Egg & Cheese Omelet Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk			
December 1st	2	3	4	5
WG Banana Muffin Mozz. String Cheese, Low-Fat Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Egg Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	WG Mini Confetti Pancakes Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade WG French Toast Casserole Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg 100% Fruit Juice Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk	Homemade Ham & Cheese WG Quesadilla Cereal or Cereal Bar Choice (listed below) w/ Hard Boiled Egg Assorted Chilled & Fresh Fruit 1% LF White or Skim Milk
		Breakfast Times: 8:00am - 8:10am		
DAILY ALTERNATES				
REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar	REDUCED SUGAR WG Cereal & WG Cereal Bars: w/ Choice of Hard Egg WG Cinnamon Chex WG Lucky Charms WG Cocoa Puffs WG Apple Jacks WG Cinnamon Toast Crunch Bar WG Golden Graham Bar
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November is Native American Heritage Month

In 1990, President George H.W. Bush officially designated November as National American Indian Heritage Month following a joint resolution by Congress. November was chosen due to its alignment with the traditional time for harvest and celebration in Native communities and it has since expanded to include Native Hawaiians and Alaskan Natives.

Native American Heritage Month is a time to honor Native American culture, traditions, languages, achievements, resilience and stories of Native American communities and ensure their rich histories and contributions, to the world, thrive with each passing generation.

Native American Heritage Month is also a time for us to acknowledge the struggles Native American's had in the past and the struggles they still face today.

Educational topics include tribal sovereignty, pride, empowerment and the impacts of failed policies such as the history of federal boarding schools.

Together, we can weave the past, present and future of Native American Heritage.

Important Update: School Meals Program

The Public Schools of Petoskey is committed to preparing and offering farm fresh (when in season) and homemade and healthy meals to all students.

Through June 2026, the Public Schools of Petoskey is utilizing the *Michigan School Meals* program, which provides 1 (one) free breakfast and lunch meal to all PUBLIC SCHOOL students.

Household Education & Nutrition Benefits Form (formerly the Free & Reduced Application)

Please take a moment to complete the 100% confidential Household Education & Nutrition Benefits Form online at: <https://petoskey.familyportal.cloud> or scan the QR code below to complete the Household Education & Nutrition Benefits Form.

ONE (1) form per household.

Click, "Apply for Benefits" and complete the information.

